



Rapid practical grants for local people in crisis

Making a difference since 1880

£175,000

THE APPROXIMATE SUM OF GRANTS GIVEN IN A YEAR

1000+

THE APPROXIMATE NUMBER OF GRANTS GIVEN IN A YEAR

£150

AVERAGE GRANT WE GIVE

70+

THE NUMBER OF CHARITABLE ORGANISATIONS AND LOCAL COUNCIL TEAMS WE WORK WITH

1 week

OUR USUAL RESPONSE TIME FROM RECEIVING A GRANT APPLICATION

Our aim is to empower individuals. It's about helping them retain their dignity. It's about reminding them that their community cares about them. Our costs are typically less than 1% of grants.

Around half of our aid benefits children, and many recipients are single parents. Over 50% of grants are given to individuals or families affected by mental health issues, and around 25% to those affected by domestic violence.

We fund the purchase of furniture and white goods - the most commonly requested items. The next most requested items are food, everyday household essentials, and clothing for both children and adults. We also provide significant support to people moving home - for example, those who have been street homeless moving into pods or other unfurnished flats, people fleeing domestic abuse, young adults who may not have anyone else to turn to and people fleeing war zones.

People are struggling with the cost of living, and we need your support to help us continue giving these grants.

Together, we offer hope and dignity to people in crisis in Cambridge and the surrounding areas.

To donate £5:
Text **CAMBRIDGEAID** to **70085**

To make one off or recurring donations:
[justgiving.com/charity/cambridgeaid](https://www.justgiving.com/charity/cambridgeaid)



Registered charity number: 204327



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Rapid practical grants for local people in crisis

The cost-of-living crisis means the most vulnerable and deprived people struggle to meet the cost of their basic essentials. Cambridge Aid helps local people in crisis by giving them average grants of £150 to get the essentials they need the most.

We issue grants, usually within a week of receiving an application. We work with a network of over 70 charities and local council teams who act as sponsors, including:

- Cambridge & District Citizens Advice
- Cambridgeshire Social Services
- Jimmy's Cambridge
- Women's Resources Centre
- Mental Health Foundation Trusts
- The Red Hen Project

Our rapid, practical grants form part of the support provided by our partner organisations, helping the most vulnerable reduce the hardship they face.

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